



Teaching God's Design for Sex

Peake Youth / Grades 6 & 7

What did you guys think about that movie clip...weird and kind of funny at the same time? This movie, "The God's Must Be Crazy" is not really an ordinary movie. It's like a pretend documentary; it is made to look like a documentary but it's not. The movie starts out and this guy is flying this little tiny airplane over one of the most remote areas in Africa. It just so happens he's flying over a tribal area, a group of people who have never seen civilization at all. They see this plane flying over. They think the plane is some kind of god.

Up in the plane, the pilot is drinking a bottle of coke. He finishes it, slides open his little airplane window and when he's done, not thinking anything about it, he chucks the coke bottle out the window above this tribe. They hear a noise, the bottle with the wind whipping through it and hear a *thunk*. They run over and one guy sees the glass bottle. He assumes that this beautiful thing that he's never seen before is a gift from a god. The god was flying over and chucks this bottle and it lands in the dirt. It's a gift from god!

He takes it back to his tribe and nobody knows what to do with it. They start using it for all kinds of things. They're so happy...a couple of ladies use it like a rock and grind corn meal with the bottle. Then one lady is holding the bottle and another lady is rubbing this snakeskin over this bottle to make it nice and smooth for whatever and they're all smiling having a great time. Pretty soon this bottle is all anybody thinks about. But they never thought to put water in it and drink out it like it was made for. They're just using it for all kinds of stuff. Pretty soon they start arguing over it and it becomes this source of confusion and mis-understanding. In one scene these ladies are fighting over it and the one lady picks it up and bonks this guy over the head with the bottle. That guy thinks "The gods must be crazy to give us a gift that would cause us so much confusion and so much hurt!" He decides to walk to the edge of the earth and throw the bottle back to the gods.

So the whole rest of the movie is his adventure as he's walking through Africa. He's chased by lions and tigers and all kinds of things...he just wants to return the gift back to the gods because the gods are crazy. Why would they give us a gift that we can't understand, and that causes hurt and tons of problems?

As we start this really important series about sex, you'll see it's sort of like that story in the movie. **Sex is a gift from God** and oftentimes people misunderstand it. They misuse it. Sometimes we think, "God, what are we supposed to do with something like sex? Why would you give us these desires for sex if it's going to just cause temptation and cause problems and we're not allowed to act on it? God, you must be crazy!"

Very few things are more important than getting a really good understanding of this topic of sex. It's not meant to be confusing or hurtful or a problem from God. It's meant to be a super cool thing in a marriage relationship. **God has a plan for sex and it's best.** Sex can seem confusing but God has a plan.

You know, we live in a sex-crazed world. TV commercials, billboards, games, movies...you name it...it's in your face all the time. But, tonight I'm going to give you some very basics. **What's God's plan for sex?**

First, let's start with a few myths about sex. "Myth" is kind of a weird word. But basically it just means misunderstandings, or lies, or confusions. Like, the myth that if you hold your face like *this*, it will stick that way. It's just not true. I could do *this* all day and my face won't get stuck. Basically there are a few things that are completely not true about sex that a lot of people believe anyway.

Myth #1 – **God thinks sex is bad.**

It's just not true. Let's look at what the Bible says.

Genesis 2:24

For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh.

1 Timothy 4:4

...For everything God created is good.

The truth is **God created sex to enjoy in marriage.** Everything God created is good. God created sex. Sex is good...in a *marriage* relationship.

BUT, we can twist it. We can take what God intended for good and make it bad, make it wrong. Just like that Coke bottle...it could have been a great bottle for drinking, but instead it was used in the wrong way and used to hurt someone. That's what happens when we don't use God's plan for sex.

Let's move on to another lie, or myth. This one is much more popular and it's so dangerous.

Myth #2 – **Sex outside of marriage is fine if you feel ready for it or love someone.**

This is so far from the truth! **God created sex for marriage only.** *God has a plan for sex, and it's for us to enjoy it in marriage someday with our husband or wife.*

It's called abstinence. To abstain – to hold off - to wait until marriage to have sex. You know, someday one of your friends might say, "That's a joke. It's impossible. Nobody can wait until they're married to have sex." But they are so wrong. You CAN wait, and you can get married someday having both waited until that day to have sex together. **That is God's design and His design is always the best.**

Let's look at what the Bible has to say about waiting until marriage.

Hebrews 13:4 (The Message Bible)

Honor marriage, and guard the sacredness of sexual intimacy between wife and husband. God draws a firm line against casual sex.

This thing called sex is sacred. Do you know what sacred means? It means extremely important...worthy of protecting. Like the holy grail in Indiana Jones and the Last Crusade. It's precious, it's incredibly valuable, it's set aside for just certain use because it's powerful. God has made sex sacred and He hates it when people use it outside of marriage.

This bond of sex is SACRED and POWERFUL. It's a bond between a husband and wife designed to never be broken. Sex is supposed to come along with a life-long commitment in marriage. But if we create that bond before marriage things get really messed up. Even if you think you really love them. Check this out...

Stickers illustration...stick two stickers together then pull them apart...what happens? They shred and tear and don't stick well any more. They are meant to stick well, but stick only once. Just like us in marriage. Sex is a powerful bond, and if we bond before we are supposed it, all kinds of terrible things can happen.

You'll see on TV that people have sex all the time before they are married. They make it seem so normal! But what they don't show you is the hurt and pain when those relationships end. See, that bond was never meant to break! They also don't show you the pregnancies, abortions, or sexually transmitted diseases. These things will change your life completely, forever! **Sex outside of marriage can destroy you** in so many different ways! That's why it's so important to follow God's design and wait until marriage.

Now, what about this version of this myth: **If you really love someone, it's ok to have sex with them.** If you've ever watched an episode of Friends, Glee, or Desperate Housewives you see it every week. But that's such a lie! Sex is a big deal! God made it that way! If you love someone, then love them enough to wait until you're married.

Especially girls, if a guy tries to pressure you and use the "if you really love me" line like if you really love me than we should do this...dump that fool. Say, "bye bye." The truth is that if they truly loved you than they wouldn't be asking you that question and pressuring you into something. The truth is **God created sex for marriage only.**

And guys, I challenge you that if your friends someday start talking about sex like it makes you more of a man to have sex now, you'll tell them...REAL MEN WAIT. Waiting makes you more of a man. Not waiting makes you more like my dog. My dog is the one who can't control his sexual desires. How does *not* controlling your desires make you more of a man? REAL MEN WAIT.

Let's go back to this movie I was talking about, the Gods must be Crazy. When I watch it, I'm almost yelling at the TV, "Put water in the stinking Coke bottle stupid people!" If somebody could have said to the tribesman, "Let me explain this gift to you. Here is a Coke bottle instruction book. Don't hit each other in the head with it. In fact, don't even use it for grinding corn meal. Put water in there and you can drink and drink!"

But think how much more sad it would have been if the guy up in the airplane drinking the Coke throws the bottle out, and right after that he throws a Coke bottle instruction book too. So they find the bottle and they find the instruction book on how to use the bottle. Then they think, "We don't need that. We'll figure it out on our own." And they go around using it for all of these weird purposes, causing damage, causing pain, causing suffering. That would have been really sad. But the truth is we do this all the time with sex.

God's gift of sex comes with an incredible instruction book. And it's the Bible. God tells us what His plan is for sex. He tells us how to keep it from becoming painful, hurtful, and destructive. When people say, "If God was so loving He wouldn't allow AIDS to be killing millions of people!" Don't blame that on God. Blame that on people who take the instruction book, throw it away, and decide, I'm going to figure out sex myself. "If God were so loving He wouldn't allow all these babies to be born without dads. He wouldn't allow that. He would make every baby have a dad." Don't blame that on God. Blame that on people who take the instruction book, throw it away and say, "We'll figure this thing out on our own. Our way makes more sense." **When we make our own plan for sex it ends up causing pain. It ends up causing hurt.** Life long consequences. It becomes this mess that God had never intended it to become.

God gave us this incredible gift of sex. It's a good gift. It's awesome the Bible makes the promise everything from God is good.

Do you really think to yourselves, "I'm twelve! I know more than God. I'm going to do what I want to do. I'll worry about it later on. I can handle it." If you do, then you're in for a world of hurt.

God's plan is for sex to be awesome between a man and a woman in marriage. That's God's plan. It might not be popular; it might not be the easiest plan to follow. Nobody said following God was the easy path. In fact, you know what? There's a verse in the Bible that basically says this: God's way is narrow, God's path is narrow, and very few people are willing to walk it. But it leads to life. The world's path is wide and lots of people follow it. **It's the easy way but it leads to destruction.** God's path, God's plan isn't always popular or even easy. But it is the perfect plan. I hope over the course of this teaching you guys will be willing to consider putting God's plan into action in your own life.

So for the rest of our time, I want to now focus on how to stay sexually pure.

First, you must understand that sexual purity isn't always easy...you have to PURSUE it; make it a goal! Seriously, it can be so difficult.

Just like anything else worth having, you have to work hard at it. And you have to DECIDE to pursue it. It's a lot like my favorite scene from a movie called, Facing the Giants.

MOVIE CLIP – "FACING THE GIANTS"

Just like any sport, or skill, staying pure for God takes work, and good habits, and training. Did you see how much heart Brock had in that video clip? That is the same kind of heart we need to be having for God. God can give you a heart that is like Brock's; one that can help you fight that battle against temptations. But you have to want it, and ask God for it.

So here are some important practical steps to be sexually pure:

1. Don't fill your **MIND** with sexual things
 - *Keep your mind just as pure as your body*
 - *What you put in your mind will affect the way you view sex*
 - *Most of what you see and hear on TV, in movies, and in music only fills your mind with lies about what sex really is...IT WILL AFFECT YOU.*
 - *Your friends will be talking about these things sometimes, and it is up to you whether you decide to keep those things in your mind or keep them out*

Don't lie to yourself that what you see and hear doesn't really affect you. It does! If you've ever cussed...where did that come from? You heard it all around you, and the more you heard it, the more it got in your brain and eventually it came out! Sexual things are just like that. The more you fill your brain with inappropriate images, or lies about how sex is, the more it will taint your view on sex and tempt you to not follow God's standards.

Here's what the Bible says about this:

Titus 1:15

To the pure, all things are pure, but to those who are corrupted and do not believe, nothing is pure. In fact, both their minds and consciences are corrupted.

Philippians 4:8

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

2. Avoid **TEMPTING** sexual situations

- Don't put yourself in tempting places, like a bedroom alone with your girlfriend.
- If you get in a bad situation...RUN! Like if your friends bring out a dirty magazine...
- If you are by yourself watching TV and you turn on something you shouldn't be watching...turn it off or change the channel right away

2 Timothy 2:22

But run away from the evil young people like to do. Try hard to live right and to have faith love and peace, together with those who trust in the Lord from pure hearts.

3. Make **CHRIST** your most important relationship

- Christ is the true satisfaction and love we all want...
- Are you spending time each day getting to know God and reading His Word?
- Are you more concerned about pleasing God...or pleasing your boyfriend?
- Are you relying on God for strength when life is really hard?
- Is God the one who defines what is good or right in your life?

The world teaches us that the outside is more important than the inside. That's why we try to impress each other, or look good for each other. We think that if we're good at something, or look really attractive, that we'll earn someone's attention. But that's actually one of those myths, like we talked about earlier. The lie is that what we look like on the outside matters more than who we are on the inside. The TRUTH is, our hearts, our insides, our purity, matters so much more. Only God can give us the love and affection we're searching for. The attention of a guy or girl can never fulfill that longing in our soul for God's love.

1 Samuel 16:7

God does not see the same way people see. People look at the outside of a person but the Lord looks at the heart.

Christ must be the most important relationship in your life! Decide today. He has the strength to help us stay pure...so stay close to Him!

Christ is just like that coach in Facing the Giants. He's right there beside you, challenging you and helping you..."Don't give up, don't give up, don't give up!" And with His strength we can BE pure and follow God's design for sex to be saved for marriage. And His design is always best.

And finally, don't forget that God FORGIVES. You may have already made some mistakes in these areas, but you must know that God can give us a fresh start. You may make some of these mistakes in the future...but again, you must know that God can give us a fresh start. Confess, admit, your sin to God and accept His forgiveness today. God never runs out of grace and forgiveness when we admit and turn from our mistakes. Then, **make a change**...make sure to take action to avoid making those same mistakes again.

Psalms 103:13

He has removed our rebellious acts as far away from us as the east is from the west.

1 John 1:9

But if we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong.